

100F. Best day of my life, today & again & again.

Today can be the best day of my life, regardless of worldly & personal news events, as today Christ lives within me & that gives me Joy unspeakable & unstealable, the same Joy that Christ has, just because of who His Father is.

Today is the day that I give God a say in my decisions & will bring about life change, through my God given ability to think & act positively & to let Him help me, to make better decisions today, than I made yesterday, because my new life with Christ is daily.

Today I will work with God, to achieve recovery from negative thoughts & behaviors & to accomplish changes in my thinking, starting with my next decision & moving on; one good positive decision at a time, until my life becomes a sea of good decisions.

Today I am willing to learn to live beyond my feelings, emotions & ego, as I come to a point of controlled emotions & feelings, with no ego satisfactions.

I will live beyond feelings & thinking that I know what's best for me & start working on what God says is best for me & I will not be afraid to admit that I have made bad decisions & that is okay, as that is in the past.

Today I will welcome positive change in my thinking, as I become willing to listen, to think, to learn & to change; as these are the keys to my vehicle of change & I will use them wisely, as I learn new things about myself & life & then this truly will be the best day of my life, until tomorrow.