

## 100 Intro. A Flood is Coming

Everyone is caught up in some sort of flood in their deepest thoughts & may even be drowning, while being too blinded, or prideful, to admit that they could be sinking in a flood of negativity, or hatred, addiction, false beliefs, pride, gossip, etc. maybe including following, or pleasing & caring what others think, over what God thinks?

What kinds of negative thinking, thoughts, or places, do you put yourself in, or get caught up in, or dragged into, maybe even unconsciously, or unknowingly?

How do you recognize when negativity is trying to take hold of you, what physical, physiological & mental thoughts & feelings do you feel, or recognize?

What do you do & what do you think you could do differently, when you feel this negativity grabbing hold of your thinking, thoughts & feelings?

What might you do, to turn the coming negative reactions, into positive actions.

e.g. I learned some time ago that the only truly positive way to get rid of a someone that really bugs you (if they are safe & unable to negatively influence your life) is to turn them into a friend & yes it really works & usually you will find that this person, though a little quirky, like we all are, is truly worth getting to know.

e.g. 2, I learned after much stress & realizing that road rage is a serious felony, that will affect your whole life, that we are not paid to police the roads & we do not have the right to tell anyone how to drive; unless you want to give up your rights to drive how you do & to be beaten when you make an error, as we have all driven to fast, to slow, sat at a green light, pulled out in front of someone, cut someone off, whether you realized it or not, as no one is a perfect driver & you do not own the road, nor the people who have the same right to be on it, as you do.

So it is time to turn reactions of anger, into actions of prayer, say a prayer for them, instead of cursing them & see how much better your day becomes, or even just a wow that was bad but I've probably done the same thing before, i.e. their driving skills, good or bad, really have nothing to do with us & surely is not worth ruining our day, or making us act like idiot's.

What kinds of people, places, or things do you think could be causing you stress, or hatred, or animosity, or any other negative thoughts, feelings, or behaviors in your life?

Identify the stressor & decide is the problem truly with the stressor, or is it just in your prideful, or judgmental thinking & if so, could you change this thinking?

Who, or what, do you allow to cause issues in your thought processes & why? & what could you change in who, or what you're around, or at least how you feel about being around them?

Could you choose to change your attitude & thinking if it were to better your day & life? As often, most of our life is lived in our mind & thinking.

Life is about mindsets that guide choices & attitudes, which will usually follow the feelings that too often guide the decisions that we make, e.g. if we make good choices & decisions, our life will probably be better than when we make bad choices & decisions. So, if we choose to stand with the crowd, the crowd's attitude is likely to radiate into us. Now if it's a sober happy crowd, we're more likely to be sober & happy, but if we choose to hang out with angry, judgmental gossiping groups, then we may drown in anger, judgments & gossip, without realizing that these hard held beliefs, attitudes & behaviors are negatively filling & changing us, without us even realizing the toll that a groups mindset is taking on our chances at a better life.

We need to realize that the most important decision of our life, is always our next decision, as it's the only one that we have control over & which has the ability to affect our entire life. You will never be able to change yesterday's decision, only your next one & now's a good time to make it a good one, regardless of how many bad ones you've made, as the past is not a problem, it's just a fact of life that no longer controls us, as it is behind us. So just keep making your next decision, a good one, until life becomes a sea of good decisions & if a bad one happens, learn from it & roll over it with another good one.

Now there are a great number of floods that have been overtaking our country & we will be discussing some big ones in the upcoming letters; which includes political hatred, which never should have gained any ground, among such an educated people, but the hate mongers who laugh at the pain that this evil ridiculousness causes, amongst families & friends, know how to flood good peoples will & to

drown them, with their spewing vomit, to the point that false beliefs, overtake & become more important than brotherly love.

Myself I care for you & advocate for your rights regardless of what political, or religious, party you believe in, as that is what our free will is. Adults who can be friends & have the will to stand for opposing parties, believing in different political choices, churches, or not believing at all, or coming from any culture, as no culture is better than any other, regardless of any others, beliefs.

Now hatred is also a choice & if you feel it's for you, that's on you, I am not here to judge you, as God says we will be judged, as we judge & if you are one who hates those who don't think like you, vote like you, or believe like you, again, that's on you; but I pray that your eyes be opened, to see what a flood of hatred can do to you & see that there truly is a better life & a better you, when standing united against those who would try to instill their false beliefs, opinions, gossip, lies & hatred, into our lives, as we are a better people than that.

Remember, the more good positive, loving decisions you make, the more good decisions will fill your life & the more negative hateful decisions you allow into your mind & day, the more negative & hateful your life will become, so life's path truly is up to you & your thinking & choices, so choose your thoughts & path well.

Though we walk in the flesh, we do not war after the flesh, for the weapons of our warfare are not carnal, but mighty through God, to cast down strongholds, casting down imaginations & every high thing that exalts itself against the knowledge of God & bringing into captivity every thought to the obedience of Christ, 2 Corinthians 10:3-5